

H.E.A.L

Virtual Women's Support Group

2nd & 4th Thursday of the month @ 6 PM (EST)

via Google Meet

DECEMBER MEETINGS

Thursday, December 9, 2021

*Thursday, December 16, 2021



H.E.A.L is a women's support group that promotes healing through sharing, honesty, and deep conversation centered around hope, empowerment, acceptance, and love. Women can get the healing support of other women, which is a POWERFUL force.

Discovering others that share similar experiences, helps reduce the feelings of isolation and hopelessness. Women can get compassion and feedback that helps them find new possibilities or leads to enlightenment and changes in their journey.

Each of the ladies that attend, are amazing and bring something special to each meeting through their experiences...and we're sure you will too!

Visit: www.bit.ly/WOMENHEAL to [RSVP](#) & receive meeting link instructions to join us!